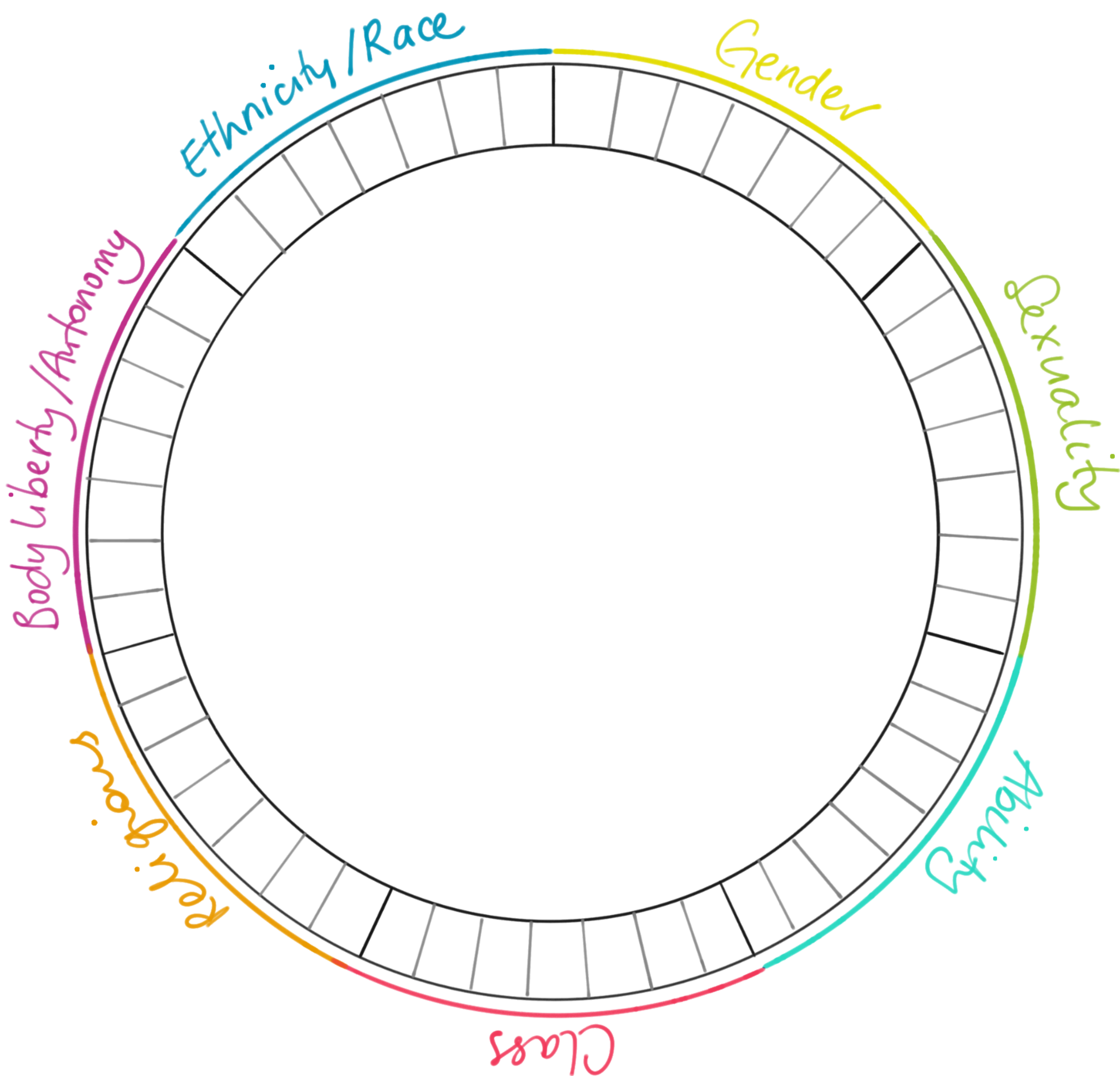


MAPPING SOCIAL LOCATION

Referring to each domain, review the questions provided overleaf. for each question you can respond “yes” or “basically yes” to, shade a small square.



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MAPPING SOCIAL LOCATION

This Privilege Exercise is based on an exercise by: Gerakina Arlene Sgoutas and colleagues, Metropolitan State College; Denver, CO

Referring to each domain, review the questions provided below and overleaf. For each question you can respond “yes” or “basically yes” to, shade a small square.

Ethnicity/Race

1. Mainstream media routinely depict people of my race in a wide range of roles.
2. Children in my racial group do not need to be educated about systemic racism for their daily physical safety.
3. I can be sure that if I need legal or medical help, my race will not prevent me from doing so.
4. I can assume that I wasn't pulled over for a routine traffic stop because of my race.
5. I can do well in a challenging situation without being called a credit to my race.
6. I am never asked to speak for all the people of my racial group.
7. I can go shopping without concern that store employees will monitor me because of my race.

Gender

1. If I have children and a successful career, few people will ask me how I balance work and home.
2. I do not have to think about the message my wardrobe sends about my sexual availability.
3. I never worry about being recognised as the sex/gender with which I identify.
4. A decision to hire me will never be based on assumptions about whether or not I might plan to have a family soon.
5. I am less likely to be sexually harassed at work than persons of other gender identities.
6. In general, I am not under much pressure to be thin or to worry about how people will respond to me if I'm overweight.
7. Major religions in the world are led mainly by people of my sex.

Sexuality

1. I have formalised or could formalise my love relationship legally through marriage.
2. I can move about in public without fear of being harassed or physically attacked because of my sexual identity.
3. I do not have to fear negative consequences if my family, friends or coworkers find out about my sexual identity.
4. If I want to, I can easily find a religious community that welcomes persons of my sexual identity.
5. No one questions the “normality” of my sexuality.
6. People don't ask me why I “chose” my sexual identity.
7. I easily can find sex education literature about my sexual identity.



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Ability

1. I can assume that I will easily have physical access to any building.
2. I have never been taunted, teased, or ostracised due to physical limitations or mental ability.
3. I can do well in a challenging situation without being told I am an inspiration because of my ability status.
4. I can go shopping alone and expect to find appropriate accommodations to make the experience hassle-free.
5. I do not have to request accommodations due to my ability status.
6. If I am not hired for a job, I do not question if it was due to my physical or mental ability.
7. Other people do not think that my mental ability is limited because of my physical ability.

Class

1. I can be sure that my social class will not be a disadvantage when I seek medical or legal help.
2. I am fairly certain that I will not have to skip meals because I cannot afford to eat.
3. I have a savings account with at least a month's expenses in case of emergency.
4. In case of a medical emergency, I won't have to decide against visiting a doctor or a hospital due to financial reasons.
5. I don't HAVE TO rely on public transportation; I can afford my own vehicle - and to run it.
6. My neighborhood is relatively free of obvious drug use, and violent crime.
7. Most experts appearing in mass media or on news outlets seem to be from my social class.

Religious - if applicable

1. I can assume that I will not have to work or go to school on my religious holidays.
2. I can be sure that mainstream media will celebrate the holidays of my religion.
3. My religious views are reflected by the majority of government officials and political candidates.
4. Food that honors my religious practices can be easily found in any restaurant or grocery store.
5. Places to worship or practice my religion are numerous in my community.
6. Most people do not consider my religious practices to be “weird.”
7. I do not need to worry about negative consequences of disclosing my religious identity to others.



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Body Liberty / Autonomy

1. I can find and purchase comfortable, fashionable clothing in my size and in most stores.
2. I am able purchase my groceries without my shopping trolley attracting attention or comments from other shoppers.
3. My body size or shape is not described as part of an “epidemic” or “problem” by media.
4. I do not attract uninvited comments or concern about my health or weight from friends and family.
5. I can assume that I can attend my doctors office (or other health professional) and leave without having received unsolicited weight loss advice.
6. I can assume that I will find seating in public spaces that I can be comfortable to sit in.
7. I can eat what I want, when I want, in public without others judging or making assumptions about my eating habits.

Now what?

Reflection time!

- When we consider diversity and social differences, we often focus on the disadvantages, oppression or marginalisation of target groups. How does it feel (and use emotion words, draw or doodle!) to consider and focus on privilege and the advantages this privilege affords us as we move through life?
- What does it mean for us to have multiple, intersecting identities? What domains have you recognised you experience some privilege in and some oppression in?
- How might our privilege impact on interactions with others?
- How might our experience of oppression impact on our interactions with others?
- This identity map is not exhaustive, what identities are not represented in your wheel? What would you include?



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Commit to act

- Continue to learn, to do the personal work, to explore privilege and power.
- Create space for brave conversation.
- Listen to the lived experiences of the marginalised.
- Share and elevate the work and the voices of those who are oppressed.
- Request professional development and training.
- Educate your peers.
- Use your platform - professionally/socially to spotlight marginalisation.
- Call in and call out oppressive behaviour as you see it (both individual and organisational).
- Learn about allyship and advocacy.
- Do not look to the oppressed to educate you. It is your responsibility to do the emotional work.
- Practice self compassion whilst holding yourself accountable.



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